

Seven Ways To Practice Listening

- 1) Look at the person who is talking.
- 2) Appear deeply interested in what he/she is saying.
- 3) Lean towards the person who is talking.
- 4) Ask questions?
- 5) Don't interrupt, instead, ask them to talk more.
- 6) Stick to the speaker subject.
- 7) Use the speakers words to get your own point across.