The Nubian Times

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RESERVATION COMMANDMENTS/ COKE VS. WATER / WHAT TIME IS IT?

List of countries that were bombed by the United States under the democracy concept since World War II:

- China 1945-1946
- Korea 1950-1953
- China 1950-1953
- Guatemala 1954
- Indonesia 1958
- Cuba 1959-1960
- Guatemala 1960
- Belgian Congo 1964
- Guatemala 1964
- Dominican Republic 1965-1966
- Peru 1965
- Laos 1964-1973
- Vietnam 1961-1973
- Cambodia 1969-

1970

- Guatemala 1967-1969
- Lebanon 1982-1984
- Grenada 1983-1984
- Libya 1986
- El Salvador 1981-1992
- Nicaragua 1981-1990

- Iran 1987-1988
- Libya 1989



This gives you an idea of what it looks like when the U.S. drops a bomb or sends a missile to a city!

- Panama 1989-1990
- Iraa 1991
- Kuwait 1991
- Somalia 1992-1994
- Bosnia 1995
- Iran, 1998
- Sudan, 1998
- Afghanistan, 1998
- Serbia 1999
- Afghanistan, 2001
- Iraq in 2003
- Libya 2011
- Syria Soon 2013???



CRACK HEAD NEWS

Jock Strap and Bloomer Riders Edition!

The Nubian Network reserves the right to Crack on Crack heads or anybody else we feel is drunk, wasted, twisted or just plain useless!

The staff of the Nubian Network

Dr. Martin Luther King was assassinated while organizing poor people. Some of the middle class Negroes have no right to have his name drip out of their mouths or resting on their lips. Jock strap riders big time!

Ain't nobody telling or even asking you to boycott ya own shyt in Florida! YOU BIG DUMMY!

If Obama restarts the draft again, will females be drafted? Don't ask,

don't tell, until it happens. Will his gay buddies be exempt because of lifestyle? Who knows?

Black people that say they don't see color always find some way to date color-less people. Now we all know what they mean by that statement, "I don't see color". Yeah...Right Negro!

China is about to launch its first unmanned lunar landing. They want some of that cheddar that the U.S. backed away from. We don't think they know too much about the Crystal City or maybe they do!

Please remember that predators can disguise themselves as male or female, religious, conscious or educated, but they still a bytch!

By now everybody should know that faggies can lift weights! Right? If dikes can, why can't faggies?

Its one thing to want to be entertained, but quite another thing to ride some entertainers or famous person's jock strap or bloomers for a lifetime. Tupac, Bill Cosby, M.L. King, Dana Owens and Michael Jackson have a lot of Jock Strap riders. Beyonce, Oprah, Halle B, Dorothy Dandridge, Michael Jackson and Michelle Obama have a lot of bloomers riders going on for lifetime. Oops! Sorry! In the cases of Dana Owens and Michael Jackson, the roles may be reversed. Jock strap riders and bloomers riders have no life of their own and actually try to live through famous people. No life, no lie, no lie no lie!

Black folks kidnapped and used in the Trans Atlantic sex and slave trade, were not meant to have families. With having and maintaining a family, comes responsibility. In the sex and slave trade, the only responsibility in your career is to do your job, 24/7/365! S'up?

Life was conducive to Mars long before Earth. As a matter of fact, there would be no life on Earth, if not for Mars.

A neo-Nazi gang is on trial in Germany, for committing racist crimes and racially motivated murders.

Anybody know how a child that hasn't had sex can determine if they are gay? Maybe pedophiles got some kind of insight into this. Please take it up with your local pastor. We haven't got a good answer as to what a gay person is yet. All kinds of definition floating around and the general populace has to be told what's what and who qualifies for what. Who knows?

Black GrapeVine news- Hey, Black folks in the middle of a war that's been raging for a couple thousand years and what's most pressing to the youth and adults...what somebody gonna get them for Christmas! Who is supporting and perpetuating this madness?

If war in Syria comes, are you thinking about volunteering? We need more volunteers to defend our freedom! WTF you been smoking?

Besides the "N" word, some people would like the words "racist", "vigilante", "boy", "girl", "dog", "bitch"," faggie", "dike" and "Negro" banned from speech and White folks dictionaries. No freedom of speech and no freedom of press. WTF!

Syrian leaders say they will give the U.S. back their chemical weapons only when they give them a refund and give their children a free college education in Ivy League schools!

By now everybody should know that porn stars can catch syphilis. Right? Any male or female that be hopping in and out of bed having sex with multiple partners or groups, is susceptible to venereal diseases. Right? They got some

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STDs out here that penicillin run from!

Only someone handicapped, working with a major disability, would take one word, one sentence, one paragraph, one page or one book and turn that into a religion. Imagine a room full of people fellowshipping with the same major disabilities. They all BIPOLAR!

Next Presidential election, get ready for a bunch of male and female Negroes to be riding Hillary Clinton's bloomers, trying to see what they can get! If it ain't Hillary, it will be whoever the next Democrat is. We even got Republican jock riders too. If you don't watch a lot of Fox TV news, you might not know them by name.

Black voting strength was the backbone of President Obama's victory in the 2012 Presidential election in the U.S., but White people weren't voting to make Black people happy. Don't even be thinking any ignant shyt like that!

Some say that the U.S. is a nation that serves the interest of but a few, while trying to protect democracy in the world and trying to police everybody around the world.

Did you know that Black folks actually be sitting up in church waiting for the pastor to give them a number they can play?

Fast food workers are on strike for more money. Who wants unhappy people playing around with their breakfast, lunch and dinner? Who says they are unskilled, then going up to their stores and ordering food? Anybody that think they are unskilled; best go someplace else for some fast food.

Moor Black GrapeVine news-Don't think there are as many people riding on Obama's jock strap as there was awhile ago. If they are, they must either be wearing disposable diapers or full of shyt. War is Hell. Somebody gonna get hurt or killed up in here!

If you are raised in an environment where there ain't any men worth mentioning around, we guess you could perceive of God as a female.

Then again, if you are raised in an environment where there ain't any women around worth mentioning, we guess you could conceive of a male as a Goddess. That's why the ancestors in your culture always showed balance between men and women to stop all the confusion.

Maybe some of your minds have been invaded by some bullshyt!

Moor Black GrapeVine news-Rumor has it that Oprah Winfrey and Queen Latifah will start hosting shows about "How To Get An and Keep A Man"! Yelp, you still in Crack head news!

As a result of White women's liberation, Black females are now playing the part of Buffalo soldiers, Black Santa Claus, Black Easter Bunnies, Black Candy Beggars & Ghouls, Black Pilgrims and even Jesus Christ where they feel it is necessary. You just don't need any testicles to testify to that.

Stevie Wonder Update- When you believe in things that you "DO" understand you suffer!



The Obama Administration is getting pressure to take greater action against its long-standing ally, Rwanda. President Obama sponsored a law as senator, which was co-sponsored by Hillary Clinton and John Kerry, authorizing the Secretary of State

to withhold aid from Congo's neighbors, should they destabilize the country.

In Saudi Arabia women are not allowed to drive a car or travel alone.

Wigger news- Never capture what you can't control.

Have you ever been embarrassed by police stopping and frisking you?

Who do your kids and relatives respect now day? Whose jock strap and bloomers are they riding on? Might give you a clue or idea of how their future is gonna turn out!

Cotton pickers, fruit pickers, share croppers and people paying minimum wage usually have a hard time raising a family, but nothing is impossible with Black folks.

Depends on our priorities and if family is what is wanted.

If you live on the East Coast, BEWARE MR. TIRE shops, with a home base of Monroe Muffler out of NY. Some of their tires seem to be up to par, but any other work is at your own risk. Many of their mechanics are not certified by anybody and several Better Business Bureaus have received numerous complaints about their shitty behavior. For whatever reason, a lot of those complaints have spilled over to us. It seems like they hire nothing but crooks and have a history of sabotaging vehicles to keep a study cash flow. Then they can't fix what they break. Sounds criminal to us, so if you have a problem...take it to your States Attorney General, not

It costs over \$250,000 to properly raise a child and takes a whole lifetime.

Moor Black GrapeVine news-Prostitutes and sex workers aren't really meant to be good careers conducive to having a family.

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When children are involved, somebody has to spend time with them that really cares about their welfare. "Welfare" might be a bad choice of words in today's society. Maybe we should have used..." that cares about their benefits"!

Do Black gays, lesbians and whatever really think that all this talk about "homosexual rights" and "gay marriage" is directed to and for them, for their benefit? Real funny Yo!

LEE THOMPSON
YOUNG LIVES,
JAMAALUDIM ALI
LIVES, MC DELESTE
LIVES, AMILCAR
CABRAL LIVES, DEL
JONES LIVES, EMILE
GRIFFITH LIVES,
GEORGE DUKE LIVES,
DEAN MEMINGER
LIVES, MARVA
WHITNEY LIVES and
REV. DR. ISHAKAMUSA
BARASHANGO LIVES!

Divas do all their hard shopping at Wal-Mart. They have a better make-up department and a Mickey D's or a Subway to get their groove on.

If White folks had of wanted Jesus to have a wife and kids, their system of virtual reality would have given them to him. So don't go getting any ideas. Have faith. Do and believe what you are told. Don't be getting any fancy ideas. Who you think you are?

Rumor has it that the NCAA will continue to guarantee big time college athletes, male or female, free pussy and some lunch tickets. Anything else is beyond their scope. The coaches are guaranteed million dollar contracts, off the hook facilities and expenses for recruiting. The colleges are guaranteed multi- million dollar

stadiums, TV revenues, parking revenues, food revenues and money beyond their alumni's wildest dreams. The surrounding communities get to partake in the fiasco! It pays to go to college!

Soon you may be living in a cashless society. You won't be able to buy your stash unless you got plastic. Benjamin's gonna disappear as fast as Lil Kim's fame!

Do Ma Ma's try to protect their pedophile sons and daughters? Do Ma Ma's try to protect their serial killer sons and daughters, their mass murderer sons and daughters? Do Ma Ma's try to protect the homosexual, maybe cross dressing sons and daughters? Do Ma Ma's try to protect their narcotic selling sons and daughters, their junkie sons and daughters? Oh well, we guess Mothers will tell us when we fu@ked from their children's behaviors and lifestyles. Try to stop the shyt and somebody will say you patriarchal or being a bully! Whatever!



JRA= Jock Ryders Anonymous

TV and the silver screen are a reflection of virtual reality. They are not a reflection of real life!

How people gonna be born gay if they never had sex?

I know you voted for Obama, but you ain't vote for no Obama care.

You don't even know what it is Yo!

The niggas that ain't shyt need to have a whole boat load of wives. The bytches that ain't shyt need to have a whole boat load of husbands. Don't that sound crazy! Yelp, you still in Crack head news!

Afrikan people will fight each other, but Afrikan people are not slavers. If and when we do such things, it shall be taught to us by Europeans.

Should the government guaranteed you affordable housing or are you a high roller?

If all you got is hip hop, you in bad shape Yo!

A bunch of females collecting welfare checks and food stamps are somewhere talking about the patriarchal system of oppression. Go figure. Higher mathematics comes into play!

Women's egos are just as big as any man's, if not bigger!

When it comes to counting Black people in Asia, Africa, North America, South America and Australia, nobody knows how to count anymore. So much for higher mathematics!

Hip hop is my culture! Huh? Well, that's what some of the knuckle heads still buried in the 80's and 90's are still saying. They say that syncopated music and noise draws zombies. They might have a point!

A bunch of males going from homeless shelter to shelter and living under bridges talking about it's a man's world. Go figure. Higher mathematics comes into play!

Ni99ers work for Crackers to keep Black Power in check. Ni99ers don't want anybody to use the "N" word so they can stay cute and invisible at the same time. Xtra

The Nubian Times

emphasis on staying cute! You know how we do!

White gays say that Jesus had two Dads and he turned out OK! WTF! You are mow leaving Crack head news!

THE RESERVATION'S TEN

COMMANDMENTS

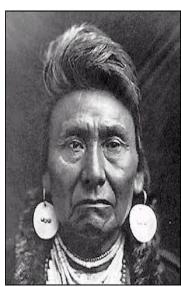
Anonymous submission

(As Given By the United States of America)

- 1. You shall have no other forms of government before me.
- 2. You shall not make for yourself an independent and self-sufficient government, for I am a jealous bureaucracy and will punish the Indian children for the sins of their fathers to the seventh generation of those who hate me.
- 3. You shall not misuse my name or my symbols, for I will impale you on my flagpole.
- 4. Remember the first of each month by keeping it holy. The rest of the month you shall go hungry, but the first day of each month is a tribute to me, and you shall receive welfare checks and commodity food in exchange for your continued dependence.
- 5. Honor your Indian father and Indian mother because I have stripped them of their land, language, and hearts, and they need your compassion, which is a commodity I do not supply.
- 6. You shall not murder, but I will bring FBI and CIA agents to your reservations and into your homes, and the most intelligent, vocal, and

angriest members of your tribes will vanish quietly.

- 7. You shall not commit adultery, but I will impregnate your women with illegitimate dreams.
- 8. You shall not steal back what I have already stolen from you.
- 9. You shall not give false testimony against any white men, but they will tell lies about you, and I will believe them and convict you.
- 10. You shall not covet the white man's house. You shall not covet the white man's wife, or his hopes and opportunities, his cars or VCRs, or anything that belongs to the white man.



NEZ PERCE CHIEF JOSEPH

Thunder Rolling Down The Mountain

MOOR ON CHIEF JOSEPH (1840-1904)

He rebelled against United States policy towards his people and being restricted to a reservation.

THE GOSPEL ACCORDING TO AFRIKANS



The following people are real. They have walked our planet. If you are reading & studying some other gospel, you don't know if the people are real or just a figment of some White boyz or White girlz imagination. Tell the truth!

INTUITION

The Gospel According To

Dr. Marimba Ani

"We believe that there is an ancestral consciousness that exists in all Afrikan people. What intuition is is the tapping into that consciousness so that we are able to get knowledge from the collective, from the ancestral being, which in turn is connected to the universe."

DON'T KILL YOURSELF

The Gospel According To

Marcus Garvey

"If the Negro is not careful he will drink in all the poison of modern civilization and die from the effects of it."

BITTER ENEMY

The Gospel According To

Joseph R. Gibson

"The necessary reeducation of blacks and a possible solution of racial crisis can begin, strangely

The Nubian Times

enough, only when blacks fully realize this central fact in their lives: the white man is their bitter enemy. This is not the ranting of wild-eyed militancy but the calm and unmistakable verdict of several thousand years of documented history....Far worst than this, since black populations are everywhere under white control, they could actually be forced into inferiority by a dehumanizing program 'silently' structured in all institutions and phases of white national life."

OPPRESSED PEOPLE HAVE AN ENEMY

The Gospel According To

Joseph R. Gibson

"It is necessary for any people who are oppressed to understand they do have an enemy. We might as well say that the enemy is the devil and pray against him, unless we are willing to face the simple fact that the white man is the enemy."

BLACK

The Gospel According To Dr. Chancellor Williams

"Black does not refer to the particular color of any particular person, but to the attitude of pride and devotion to the race whose homeland from time immemorial was called "The Land of the Blacks."

POWERNOMICS

The Gospel According To

Dr. Claud Anderson

"The secret to creating wealth is to own and control resources, whether they are natural (land, water, precious minerals or metals), processed (machinery, factories, consumer items, public improvements) or human capital (skilled, literate, labor force). There is no wealth potential in public housing, food stamps, petty crimes, drug use, any social handouts used as a crutch. There is no wealth potential in a job. It is the owner and producer of the job who have the wealth potential."

BLACK PEOPLE CAN'T BE RACIST

The Gospel According To

Dr. Claude Anderson

"I don't want you to let people keep telling you that Black people can be racist. You cannot be racist. The word does not exist for you. Racism means a power relationship- a power relationship between two groups, where one groups owns and controls so much, that they can use their wealth and their power to deprive, hurt and injure another group. – That's what racism is. And no place, can you find a Black person on Earth who can be racist. What you can get – at best - is a Black reactionary. If Black folk had been racist, they would have been racist 400 years ago. We can't practice racism. We don't even have a community to practice racism."

GOOD RELIGION

The Gospel According To

Dr. Bobby E. Wright

"During slavery, if they didn't give us good education, good housing, good food, or good clothes, why did they give us such 'good' religion?"

HOW FAST I EECOME WHITE

The Gospel According to

James Baldwin

"The American idea of racial progress is measured by how fast I become white!"

TO BE A NEGRO

The Gospel According to

James Baldwin

"To be a Negro in this country and to be relatively conscious is to be in a rage almost all the time!"

BLACK CONSCIOUSNESS

The Gospel According To

Steven Biko

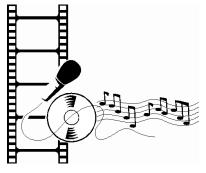
"What Black Consciousness seeks to do is to produce at the output end of the process real Black people who do not regard themselves as appendages to white society."

HOMOPHOBIC?

The Gospel According To

Booty Adams

"Black people are not homophobic. Don't come at us with that reverse psychology sh*t, like we are the ones that are sick! We come from a culture that does not approve of sodomy, men butt-popping each other, females masturbating each other, cross-dressing, using rubber & plastic sex toys, whips, chains and having sex with animals. These behaviors are still considered abnormal, strange behavior to our race-family. No special, interest group politicking, lobbying or paying out petty cash will change our minds. Those who fall for the sex traps must be suffering from some kind of post-traumatic stress syndrome or done lost their Afrikan minds! Our blessings have never stopped, but for a strange few, their intelligence has been taken away.



The Nubian Times RIVERS OF BLOOD

Harry Belafonte

"The rivers of blood that wash the streets of our nation flow mostly from the bodies of our Black children. Yet, as the great debate emerges on the question of the gun, White America discusses the constitutional issues of ownership, while no one speaks to the consequences of our racial carnage."

WE KNOW WHAT PRETTY IS

Paul Mooney

"They can't tell us what's pretty! We know what pretty is!"

KNOWLEDGE AND WISDOM

Jimi Hendrix

"**K**nowledge speaks, wisdom listens!"

PROCESSED MIND

Erykah Badu

"I'd rather see a person with a natural mind and processed head, than a processed mind and natural head!"

A DEEPER UNDERSTANDING

The Gospel According To

Joseph R. Gibson

"Any person not interested in a definition, analysis and deeper understanding of worldwide white supremacy must have an interest (conscious or unconscious) in maintaining the same."

STAY IN YOUR LANE

The Gospel According to

Thuro

"For You Information, to the Europeans who are in a relationship

with a Black person or have a child with a Black person. That does not give you a "hood pass". Your opinions are no more valuable to "Black America" simply because you've laid with a Negro. You lusting after Black penises or vaginas doesn't stop you from being a racist. Slave owners lusted after Black penises and vaginas. Slave owners had relationships with the slaves they owned. Stay in your lane."

LET THE TRUTH SINK IN FIRST

The Gospel According To Malcolm X

- "You have to be very careful introducing the truth to a Black man, who has never previously heard the truth about himself before.
- "The Black brother is so brainwashed that he may reject the truth when he first hears it. You have to drop a little bit on him at a time, and wait to let that sink in before advancing to the next step."

IMAGES

The Gospel According To

Dr. Anthony Browder

"We need to realize racism is an unavoidable fact of life in America. We need to understand how racist images attack us constantly 24 hours a day. We need to understand that whoever is responsible for creating images will ultimately determine your level of consciousness. How you feel about yourself is determined by how you see yourself. And if the images that are constantly projected about you say that you are less than human...then you will act less than human. Others will regard you as less than human.

HIDE NOTHING

The Gospel According To

Amilcar Cabral

"Hide nothing from the masses of our people. Tell no lies. Expose lies whenever they are told. Mask no difficulties, mistakes, failures. Claim no easy victories..."

WHO CIVILIZED WHO?

The Gospel According To John G. Jackson

"If you are a racist you won't have any regards for the facts at all. Instead of Europe civilizing Afrika, Afrika civilized Europe two times. First the ancient Egyptians taught the Greeks. Somehow Europeans lost all they were taught, then the Moors had to re-civilize them. We know this because they thought the world was flat."

TRADE & COMMERCE

The Gospel According To

Dr. Maulana Karenga

"Whatever Black people do, it would take us 20 centuries to even look like we are catching up with what the European did. Whatever we are doing, it could never measure up to a holocaust of enslavement that lifted 100 million people out of Africa and placed them here. They mass murdered us and then denied it, under the guise of commerce. Wouldn't even call it a holocaust! Called it trade and commerce!"

BLACK FACTS



The Nubian Times

All knowledge is rooted in reality

According to the 2010 U.S. census, 90% of Black men marry Black women.

Black Ladinos were Spanish speaking Black Africans exiled to
the Americas after spending
time in Castile Spain. They were
often referred to as Negros
Ladinos ("cultivated" or "Latinized
Blacks"), as opposed to Negros
Bozales (those captured in Africa).
The Ladinos' skills granted them a
higher price than those of Bozales.
Those Blacks born in the Americas
were Negros Criollos (Creole
Blacks).

Our ancestors live as long as we have a Black racial consciousness. They are our main strength because they are our connection to the Creator.

All conception is immaculate. Afrikans look at the process of birth as an understanding of the miracle of all existence.

Afrikans used the term "Neters" and the Greeks used the term "Gods".

In places socialized by Afrikan culture, mastery is the essence of manhood and womanhood.

To Afrikans, God is in inner space.

The oldest records of kicking, throwing, wrestling, and punching techniques were found in Kemet (Ancient Egypt). These warrior scientists laid the foundation for all martial arts systems, including Kung Fu and Judo.

Afrikans never had a word for slavery nor knew what it was until Arabs & Europeans enslaved millions of our people.

Most of the Africans kidnapped, brought to the Americas and enslaved by Europeans were between the ages of 8 and 18.

Black people are 75% spiritual and 25% physical.

The Black prison population in the U.S. performs an economic and political function for the benefit of the White ruling class.

The first Japanese were Black. An Afrikan element can be found in Southern Japan and ancient melanated skulls have been found in the islands of Formosa and Liu-Kiu.

Nancy Hanks, the mother of Abraham Lincoln, was Melungeon. Over the ensuing decades- in a vain effort to fit in with their Anglo neighbors, they lost their heritage, their culture, their names and their original religion, but not their genetic structure.

Native Americans found that Africans had 'Great Medicine' in their bodies. They were virtually immune to European diseases that decimated most native populations.

Eskimos never lost their melanin due to an Ice Age.

The first Christian nation can be found in Afrika...Ethiopia. The feel and content of their religion hasn't much to do with Western interpretations.

The Black Madonna from Nuria, Spain is called the Queen of the Pyrenees.

The original inhabitants of Taiwan were Black people.

In the United States, Black men and women who snitch and or ride White people's jock straps or bloomers, can be rewarded with promotions, money, fame, power, and even political positions – just like slaves on plantations or haciendas were in the past.

Black and mixed-race people - still commonly referred to by Arabs as Haratins, or slaves - have occupied the lowest castes of Mauritanian

society since Arab nomads invaded sub-Saharan Africa in the 9th century and enslaved black farmers.

The Otomies of Mexico, the Caracols of Haiti, the Matayas of Brazil and the Albinos of Panama are the remains of the early Afrikan presence in the Americas, which now are known as Native Americans.

Afrikans have openness to strangers and an inability to recognize enemies.

Centuries of Black slavery provided the foundation for the economy that Americans now enjoy.

WATER OR COKE?

WATER

- 1.75% of Americans are chronically dehydrated. (Likely applies to half world population.)
- 2. In 37% of Americans, the thirst mechanism is so weak that it is often mistaken for hunger.
- 3. Even MILD dehydration will slow down one's metabolism as much as 3%.
- 4. One glass of water will shut down midnight hunger pangs for almost 100% of the dieters studied in a University of Washington study.
- 5. Lack of water, the #1 trigger of daytime fatigue.
- 6. Preliminary research indicates that 8-10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers.

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- 7. A mere 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math, and difficulty focusing on the computer screen or on a printed page.
- 8. Drinking 5 glasses of water daily decreases the risk of colon cancer by 45%, plus it can slash the risk of breast cancer by 79%, and one is 50% less likely to develop bladder cancer. Are you drinking the amount of water you should every day?

COKE

- 1. In many states (in the USA) the highway patrol carries two gallons of Coke in the trunk to remove blood from the highway after a car accident.
- 2. You can put a T-bone steak in a bowl of coke and it will be gone in two days.
- 3. To clean a toilet: Pour a can of Coca-Cola into the toilet bowl and let the "real thing" sit for one hour, then flush clean. The citric acid in Coke removes stains from vitreous china.
- 4. To remove rust spots from chrome car bumpers: Rub the bumper with a rumpled-up piece of Reynolds Wrap aluminum foil dipped in Coca-Cola.
- 5. To clean corrosion from car battery terminals: Pour a can of Coca-Cola over the terminals to bubble away the corrosion.
- 6. To loosen a rusted bolt: Applying a cloth soaked in Coca-Cola to the rusted bolt for several minutes.
- 7. To bake a moist ham: Empty a can of Coca-Cola into the baking pan, wrap the ham in aluminum foil, and bake. Thirty minutes

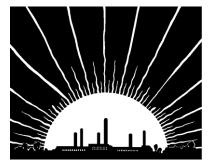
before the ham is finished, remove the foil, allowing the drippings to mix with the Coke for a sumptuous brown gravy.

8. To remove grease from clothes: Empty a can of coke into a load of greasy clothes, add detergent, and run through a regular cycle. The Coca-Cola will help loosen grease stains. It will also clean road haze from your windshield.

ADDITIONAL INFORMATION:

- 1. The active ingredient in Coke is phosphoric acid. Its pH is 2.8. It will dissolve a nail in about four days. Phosphoric acid also leaches calcium from bones and is a major contributor to the rising increase in osteoporosis.
- 2. To carry Coca-Cola syrup (the concentrate) the commercial truck must use the Hazardous Material place cards reserved for highly corrosive materials.
- 3. The distributors of coke have been using it to clean the engines of their trucks for about 20 years!

EUROPEAN FACTS



(SUBURBAN MYTHS?)

Believe it or not!

Caucasians invented slavery, deriving from their bondage of Slavic peoples. Caucasians were the 1st people to build prisons and/or dungeons in Europe, the Americas and Afrika.

In the United States, so many homosexuals and predators are out of the closet; straight people are in the closet.

In order for Europeans to continue to hold a place of prominence in this world, they must destroy the collective memory of Afrikans.

The US is a dying world power, but they are only still dangerous because of their military might.

Europeans like to compare their best against everybody else's worst.

In nations ruled by Caucasians, there are more people making a living off cancer, than there are people with cancer. These numbers dictate that a cure will not be found any time soon.

Sephardic Jews are called Sephardic because they originally lived in Sepharad, the ancient name Jews used for Spain.

To Europeans, God is in outer space.

Homicides in the United States are more likely to involve multiple offenders than multiple victims.

King James, the Bible writer, liked to go to bed with little boys and oftentimes his horse. Europeans tell everyone that he was inspired by God.

In the United States, drug companies are hiring former cheerleaders to market their drugs to doctors.

In 1913, the Internal Revenue Service and the Federal Reserve were started. The IRS was based out of Puerto Rico.

Christianity would have been a good idea if Europeans would have tried it.

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Europeans live in closed in societies, with lots of carbon monoxide.

European men and women are the only people we could find that brag about and write books about having sex with animals.

In Saudi Arabia the ruling family of Al Saud has imposed their name on the whole country, which is something that we do not witness in any other place.

Caucasians still are using pig parts to replace worn out parts of their bodies.

If you are an upper class snitch to the CIA in any country, your children get an open pass to any college and/or university in the United States.

Black & Asian women are overrepresented in the US porn industry due to the demand of white men's fantasies.

Caucasians feel quite comfortable living in a modern version of the Roman Empire, their armies abroad enforcing a peace on several continents at bayonet point with high-tech weapons against low-tech resistance.

Ashkenazi Jews, are Jews descended from the medieval Jewish communities of the Rhineland - "Ashkenaz" being the Medieval Hebrew name for Germany. They are distinguished from Sephardic Jews, the other main group of European Jewry, who arrived earlier in Europe and lived primarily in Spain.

Caucasian scripture tells people to be fruitful and to multiply and then turn around and make that a sin.

The U.S. continues to try and turn Puerto Rico and a couple more of the Caribbean islands into America's whore houses.

Ape Man Experiments-

Caucasians have been mixing White male sperm with female chimpanzees. They have conceived. That level of assistance is important to Caucasians because they are in population decline.

White women get collagen shots in their lips and buttocks to have features similar to Black women.

In Caucasian dominated societies, the upper class commits far more crime than the lower class. For example, in the United States, street criminals stole \$15.3 billion in 1993, but white collar-criminals embezzled \$200 billion.

Judaism in Mexico began in 1519 with the arrival of "Conversos" or "Crypto Jews" those forcibly converted to Catholicism due to the Spanish Inquisition.

Caucasians haven't found a cure for cancer, but they have found thousands of ways to cause cancer.

Homosexuals are some of the elite of Caucasian societies. In the United States, those out the closet represent between 1 and 4% of the American population. 59% of them are college educated. Over 51% of them make over \$53,000 a year. Over 43% of them own property, businesses and land. They are not victims, but they are attempting to normalize their behavior.

THE UGLY AMERICAN

Un-edited Anonymous Submission

I am an American and I HATE ALL PEOPLE WHO ARE NOT AMERICAN!!!! It does not matter what you do, or what did, or what you will do, but that you exist on land that we as americans want. WE AMERICAS do not care about your land your kids your hungry stomachs or your dead bodies. WE

WANT THE OIL CHEEP and free if we can. WE are the WHITE people of england and all the white rich americans. WE WILL kill all arabs one by one if we can and we will untill there are no arabs in our way to get cheep oil. WE SAY WE CARE ABOUT THE KURDS AND THERE DEAD, BUT THERE LAND HAS NO OIL UNDER IT, AND THEY ARE OUR EXCUSE TO MAKE WAR WHEN WE FEEL LIKE IT.

WE americans will LIE CHEAT AND KILL AND STEAL to get what we want and NO ARAB MUSLIM SHIT PEOPLE wil get in our way.WE will use double standards to get what we want CAN YOU STUPID ARABS SAY (DOUBLE STANDARD). BECAUSE america IS the country of DOUBLE STANDARDS!!! HAVE YOU NOT GOTTEN THAT YET ARABS!!!!! AMERICA WILL KILL YOUR KIDS WHILE RAPEING YOUR WIFE AND STEALING YOUR OIL AND POISSONING YOUR RIVERS LOOK AT WHAT WE DO TO SOUTH AMERICA!!!!! LOOK AT WHAT WE DO TO THE NATIVE AMERICANS AND THE MEXICANS!! WE Americans have killed and raped and moved and all to these people who have what we want. LOOK at what we DID to the African AND the SPAINISH WE KILLED THEM OFF ONE BY ONE FOR THERE LAND. AND we are american!!!! WE WANT YOUR OIL DEAD OR ALIVE is what BUSH should shoud say now!! HA HA HA!!! And guess what If you think that trying to defend your self against our power will get you any thing, THINK AGAIN!!!! THATS WHY WE ARE GOING INTO IRAQ so you Arabs can never defend you self!!!! WE will not let vou arabs defend vour selves against U.S. and our intrests (your oil) WE will kill off any one who is able to DEFEND themselves U.S.

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and the british!!! FOR WE ARE THE RULES OF YOUR WORLD!!!!! THAT WHY WE ARE GOING INTO IRAQ BECAUSE HE IS trying to get weapons that will allow him to defend him self against the most power and above god country THE U.S.A. IF IRAQ gets NUKES it will use them to defend it self like any other country would !!!! AND WE THE AMERICAN can not let some piss shit arab defend its self against U.S. THATS WHY WE ARE MAKING UP ANYTHING WE CAN TO ATTACK IRAQ AND THEN IRAN AND THEN ALL OF THOSE WHO ARE AGAINST U.S. I am an American and I HATE ALL PEOPLE WHO ARE NOT AMERICAN!!!! It does not matter what you do, or what did, or what you will do, but that you exist on land that we as americans want. WE AMERICAS do not care about your land your kids your hungry stomachs or your dead bodies. WE WANT THE OIL CHEEP and free if we can. WE are the WHITE people of england and all the white rich americans. WE WILL kill all arabs one by one if we can and we will untill there are no arabs in our way to get cheep oil. WE SAY WE CARE ABOUT THE KURDS AND THERE DEAD, BUT THERE LAND HAS NO OIL UNDER IT, AND THEY ARE OUR EXCUSE TO MAKE WAR WHEN WE FEEL LIKE IT.

WE will not put in a democracy in Iraq or Iran or any arab country for that would allow you monkeys to get control over our oil and we do not want that. THATS why every arab country has kings and QUEENS and government that FAVORs the U.S.A. because we CONTROL that country by it NUTS!!!

WE AMERICA OWN SAUDI ARABIA, get it!!! WE PUT the

Saudi in power!!! AND we put the Afghanistan Government in power and we will put who we want in Iraq and IRAN!!! WE ARE GOD, GET IT ARABS!!!!

WE ARE GOD, GET IT ARABS!!!!

I give you this since there will be no protests and QUESTIONS to this email and American owns your shit lives! WE will attack IRAQ and KILL AS MANY PEOPLE as possible so as to make the POPULATION less numberess and easyer to control (that exactly way we starve them now)(the santions) and then we will kill any resistance against U.S. one by one and then put a government that we Americans want in and get the new American LEADER to suppress the people so that we get cheep oil and the people are in cages like we THE American want them to be.

at what we are doing around the world and In SAUDI ARABIA especially. LOOK at what we did to Venezuela and MEXICO!!! YOU SHIT MUSLIMS and IRANIANS and OTHER ARABS YOU ARE AS GOOD AS RUN away slaves and will be recaptured and caged soon. GET READY!!!!! TO BE RULED BY ENGLISH, JEWISH AMERICAN SLAVE DRIVERS!!!

O YOU DO NOT BELIEVE look

Dis-claimer-The opinions expressed in this anonymous submission are not necessarily the opinions of the Nubian Network, NWA, BlackConsciousness.Com or any other Black people that read or write any of our articles. We don't know who it was, but they sure nuff got to be funky! We corrected some of the mistakes but! Could this have been an Afro-Amerikkkan?

WHAT TIME IS IT YO?

Submitted by Divine1on1

The plantation is when and where Caucasians monitor your arrival, your phone time, your break time, your bathroom time, your sit-down time, your stand-up time, your how much space you occupy time, your talk time, your over time and your departure time.

Caucasians control your eat time, where you eat and maybe what you eat. They also monitor whether you make enough money to eat, drink or be merry. They monitor your grooming time; you better appear & dress like this time, your snitch time and your bitch time. They even monitor your time-out. The boss-master decides how much vacation-time you get and the boss of the boss decides if you qualify to have sick-time. "You fired" means they monitor your whip appeal time too. OOPS! They control your "Let's Chill" time too Boo.

Caucasians control your time in the game, your time in the saddle or whether you spend your time riding the pine, because they control SHOWTIME. They control how much playtime y'all playas get and they also control the pout time of the playa haters. They also control your Goddamn time, because they control your Jesus and your Allah time. You dig...time is running out Yo. Caucasians control Yo time as a gangster and the time they be real gangster on Yo azz Boo. Who you? It's time for a change. You need to get some time for Yo SELF.

Crackers down wit the jail time, just like it was Yo time to cry or

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time for Yo to get bail or a time to give up and out to die. No time for jokin'. The whole world thinks u a clown on lock-down.

Well, now is the time to reflect on Yo lifetime and not spend so much time messin' around. It is reality time. You do not have much time left to be phony. There is no time like the present for Black time, except if you are too high and ego trippin!

Do you have the time to give some time to your people or will you let time pass you buy with life on the plantation? Does the nation you belong to have an army? Make it nation time on your mind. Times Out! Stay alert, strong & conscious.

ALL DVD'S ARE STILL HALF PRICED AT THE SITE.

SEE YA!