

Science

(Wholistic Science)

Wholistic Science

Wholistic science is a science which asks wholistic questions and receives wholistic answers. Non-wholistic science views man as a machine without a spirit. It separates science as a non-cultural, non-racial, or non-religious body of knowledge, while African wholistic science is totally integrated and a part of the culture, religion and racial identity of black peoples.

Afrikans	Europeans
<p>All things (organic and inorganic) are living; these living things are placed in kingdoms.</p> <p><u>KINGDOMS</u></p> <p>Minerals Plant Animal Human</p> <p>Organic All things in nature are alive and give and receive energy and they eat a type of foods and produce a type of waste.</p> <p>Afrikan Science States that all things are controlled by seen and unseen forces. Accidents are controlled by the law of Accident. Subsequently, there is no use of the word "accident" in this science.</p> <p><u>Afrikans</u></p> <p>Man is 3 things (body, mind, spirit) that occupy one space at the same time. No crude limited earth laws can apply to man or define man's life health, diseases and death.</p> <p>The earth was made whole. The earth was made in layers</p> <p>Layers of the earth indicate the age of the layer, not the age of the earth.</p>	<p>There are 2 living things plants and animals. These living things are in 2 kingdoms. Also, there are non-living things called inorganic.</p> <p><u>KINGDOMS</u></p> <p>Plant Animal</p> <p>Organic Things (Living) Inorganic things (not living)</p> <p>European Science Uses the word accident, coincidence or undefined. All things are caused by seen forces or it is accidental or due to random selection (by chance).</p> <p><u>Europeans</u></p> <p>The sun gives the earth sun heat.</p> <p>Each layer of the earth can indicate the total age of the earth.</p>

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Afrikans

There are many different types of air, water, to label. These various types are similar to the many different types of human, races and culture.

Every human has a unique personality and breathes in a unique type of air (metabolizes a specific molecular combination of air).

Its follows that each particular plants and animal breathes in a unique (metabolizes a specific air) type of air. It is commonly accepted that each human has a specific biochemical wake up. Subsequently, each human requires a unique biochemical diet, air, water and color light heat (sun rays).

Europeans

There is 1 type of water, air, mineral, etc. The only water that exists is water which a European scientist (or Afrikan scientist using European methods) can measure, weigh and categorize.

Afrikans

Scientific proofs are wholistic and found only in nature.

Europeans

Scientific proofs are performed in a laboratory under controlled conditions. Similarly, scientific proof must be man-made in an artificial environment know as a laboratory. These scientific proofs are experiments which force nature to give answers to questions devised by man.

The basic difference between African and Greek (Roman) medicine science is in concept. Hippocrates believed that food (herbal medicine) is a fuel that provides energy that operates the body. Consequently, if you give the body the wrong fuel (Food or Medicine), an illness will result. This Greek concept is the foundation of European health and biological science. However, the African concept is that food (medicine) stimulates (excites) the body towards health or disease. This means that food (herbal medicine) is a mediator of energy and cannot add to the body wholistic energy. Further, this African concept indicates that the body's wholistic energy was caused to be ill or healthy and a food (medicine) can only stimulate the already present state. So it follows that in African concept the wrong food can cause illness or health as the wholistic state of the body is determined by a cluster of mental, physical and spiritual determinants not on fuel.

Source: African Holistic Health by Llailia O. Africa (Third Edition)