

# The Nubian Times

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SWALLOW YA SPIT/ ASSIMILATIONIST DIRECTIONS/ PRISON VS. WORK

## THE GOSPEL ACCORDING TO AFRIKANS



### (OUR STORY)

Whenever you let people falsify your perceptions, they destroy you mentally. You start seeing exactly what they want you to see and thinking exactly what they want you to think. It's time more of our people came back to Black reality. A part of our job at the Nubian Network's Black Consciousness Online is to make sure you are armed with information from a Black perspective. Serious readers can testify that each month we come up with diversified quotes from Afrikan scholars, teachers, warriors and leaders. While other sites offer slogans, we offer powerful thoughts and mind openers. Since it's our planet, we

have to make some decisions as to how we want our world to turn.  
KEEP ON MOVIN!



**ARE YOU PRO BLACK,  
WITH ALL OUR  
DIFFERING  
NATIONALITIES?  
Get you Vote on...NOW!**

**CHANGE THE QUALITY  
OF OUR LIVES**

The Gospel According To

Sister Souljah

“As young African men and women, we have the power to change the quality of our lives. We have to educate ourselves, but not in the traditional public-school way because the curriculum is not enough to fill the heart, soul and mind of a Black child. We have to use the libraries and spend time in bookstores looking for alternative forms of information. We need to make resources out of the elders in our community!”

## THE BLACK MAN

The Gospel According To

Dr. Frances Cress Welsing

“A Black man is someone who will respect, support, protect and defend himself, his woman and his children. He will do whatever is necessary to ensure their families respect, support, protection and defense.”

## WARS

The Gospel According To

Dr. Frances Cress Welsing

“There is no war in the world that has went away with a wish & a prayer. Wars must be fought with the willpower, knowledge, courage and the determination of people.”

## LIKE A DOG

Ida B. Wells

“One had better die fighting against injustice than die like a dog or a rat in a trap.”

## SOUTHER MAN

Ida B. Wells

“If Southern white men are not careful. . . a conclusion will be reached which will be very damaging to the moral reputation of their women.”

In 1892, Wells lost three good friends to a lynching in Memphis. She went on the attack in editorial after editorial against a practice that treated blacks as less than human.

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She was disgusted that lynchings had become a public spectacle and she began to investigate false accusations of rape against black men that were used to justify lynchings. When she wrote an editorial that stated that some "rape" cases may be women who preferred black men, her offices were burned and she was exiled. She also felt the NAACP was not outspoken enough.

### **THE WHITE WOMAN**

The Gospel According To

Dr. William Mackey

“White women will take Black women’s support, tell them to kiss their butt, and go along with their men!”

### **MYTH OF FREE ELECTIONS**

The Gospel According To

Dr. William Mackey

“We have been programmed by the powers that be, that some how by the process of going in and pulling a lever, the ballot box is some kind of open sesame. This has led to all kinds of frustrations because we have not understood what are the limits of power. We keep doing this every 4 years, 6 years or whenever. And when the smoke clears away, as they say, “the harder we run, the behinder we get”.

### **LOVE OF SELF**

The Gospel According To

Elijah Muhammad

“Love of self comes first. The one who loves everybody is the one who does not love anyone.”

### **RACE FIRST**

The Gospel According To

Marcus Garvey

“In a world of wolves one should go armed, and one of the most

powerful defensive weapons within the reach of Africans is the practice of race first in all parts of the world.”

### **BETRAYAL**

The Gospel According to

Dr. Kwame Ture

“Of course the logical conclusion must be clear... Since the people shed the blood for these positions, these positions do not belong to the individuals who occupy them... these positions belong only to the masses of the people.”

“The political conclusion must also be clear... Anytime you use this position which has been gained by the blood of the people, not for the people, but for your self, for your own individual interest, you have already betrayed the blood of the people.”

### **LAZY OR DUMB**

The Gospel According To

Dr. Amos Wilson

“Does anybody really think that white folks would spend hundreds and thousands on slaves that were lazy or dumb? Africans were and still are the most skilled & productive work force in the world.”

### **The United States As a Christian Nation?**

The Gospel According To

Dr. Amos Wilson

“A nation that is godly is not racist. A nation that is godly does not kill others in pursuit of happiness!”

### **BLACKNESS**

The Gospel According To

Carol Barnes

“Psychologically, Blackness is viewed by the white man as being bad or un-attractive. Therefore, his

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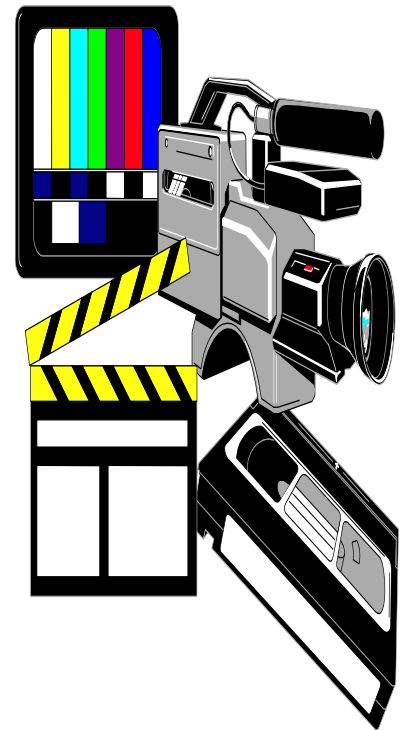
logic is to remove or prevent Blackness from taking place in his world. This can be applied across the board when evaluating the white man.”

### **MELANIN**

The Gospel According To

Carol Barnes

“Melanin enhances brain power, physical performances, neutralizes harmful free radicals (radiation) and detoxifies the body of harmful organisms, chemicals and invading bacteria.”



### **Criminalizing A Race**

The Gospel According To

Dr. Charshee McIntyre

“The English always intended to make their colonial world Anglo-Saxon, and any cultural alternatives implied terrifying negotiations. The presumptions of cultural superiority, the assumptions of God's chosen people which justified their civilizing the world and proselytizing in the name of one "true" God and reaping the

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attendant economic benefits, all would have been negated by their acknowledging alternative world views. So the English/Europeans embarked on a process of dehumanizing the African to justify the racialistic chattel slave system they developed in the western hemisphere; and the process of regression became part of that dehumanization.”

#### **AFRIKANS IN PRISON**

The Gospel According To

Dr. Charshee McIntyre

“To distinguish the prisons from earlier jails and to suggest the essence of what the institution should be doing, these do-gooders coined a new name, penitentiaries, implying that prisoners would be taught to be penitent regarding their crimes.”

“These do-gooders created penitentiaries for the reformation of deviants. They considered free Africans in America a natural population for these new institutions that began imprisoning African males in America as far back as 1790.”

#### **JUST ONE DISEASE**

The Gospel According To

Dr. Donald Douglas Torry

“There is only one disease in the whole, wide world. There has always only been just one disease. There are 1,400 names for one disease. This disease is the accumulation of garbage in your body. We rename the accumulation of waste when it effects an organ. When the waste of the body burns through the skin, we call it a rash.”

#### **MEAT & THE WORM KINGDOM**

The Gospel According To

Dr. Donald Douglas Torry

“When you eat meat, all you are doing is eating worms. It’s simple and you don’t even think about it. The animal kingdom is infested with worms. The problem is the worms got to go to the toilet and their waste is deadly to your body. Our bodies capsulize their waste and sews a tiny cocoon around it in seconds. You call it a tumor. A tumor is a capsule of waste that the body sews to protect itself. If the tumor is cut out, dealing only with the symptom, the waste will come right back and make another tumor. You’ve got to get rid of the waste. We have so many names for when the worm kingdom takes over the body. Many diseases are only worm-disorders.”

#### **BEGINNINGS**

The Gospel According To

Dr. Arthur Lewis

“Mankind began in Afrika, along the Great Rift Valley. Some of these Afrikans left the continent at different times to populate Asia, Europe, Australia, the South Pacific, Japan and into the Americas. We came out in waves at different times and we would bring our race, our culture and our religions with us. The earliest Afrikans to populate the Earth were the short statured Afrikans, called the Hutu or Twa, that the Europeans misnamed.”

#### **THE SOUTH PACIFIC**

The Gospel According To

Dr. Arthur Lewis

“In the South Pacific, the European divides people into 3 categories, Melanesian, Micronesian and Polynesian, to disguise the fact that they are all Afrikan people.”

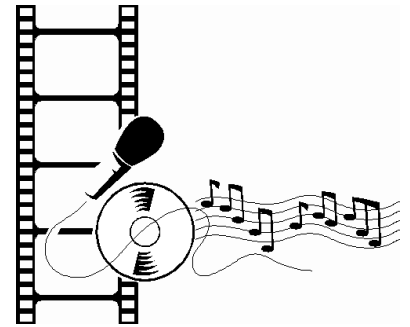
#### **TV DESTROYS**

The Gospel According To

Sistah Puma La Gitana

## **The Nubian Times**

“TV is controlled and run by a handful of advertisers and corporations. They control the different programs that we see. Unfortunately these programs are of a nature that destroys indigenous cultures and peoples. It only upholds the areas that have been destroyed of an indigenous people.”



#### **DON'T GIVE UP**

Gil Scott Heron

I never really thought of myself as a complex man

Or as someone who was really that hard to understand

But it would hardly take a genius to realize

That I’ve always been a lot to arrogant and a little too fuckin’ wise

That was a combination that made folks feel duty bound,

To do whatever they could to try and shoot me down

To head off some of the things I might possibly say,

And see if they couldn’t take some of my pride away,

To bring me disappointment and teach me to fear it

Obviously these are folks that just didn’t have no spirit

Spirits say

Don’t give up

Yes it’s time to stop your falling

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You've been down long enough  
Can't you hear the spirits calling  
Callin' your name

### **GIVE CREDIT TO BLACK**

Carlos Santana

First of all, the music that people call Latin or Spanish is really African. So Black people need to get the credit for that!

### **EMBRACE YOUR OWN**

African Proverb

"The best way to fight an alien and oppressive culture is to embrace your own!"

### **FOREVER MY LADY**

Jodeci

Forever, forever, forever  
So you're having my baby  
And it means so much to me  
There's nothing more precious  
Than to raise a family  
If there's any doubt in your mind  
You can count on me  
I'll never let you down  
Lady believe in me

### **THE NAME OF GOD**

The Gospel According To  
Bobby Hemmitt

"The concept of God is so vast that when you label it as one thing, you mess up. There are many names for God and all of them are correct. Why is there a law that says we can't believe in all of them and who gave us that law? Everybody doesn't speak the same language, so why does God have to have the same name all over the world? Religions in each area label God, but we have to go to a higher level.

## **RELIGIONS**

The Gospel According To  
Bobby Hemmitt

"All the religions are one. It's the same God. At this particular time you suppose to have graduated from the religious state and gone into the spiritual state. Don't think that you are getting spirituality just by being more religious. That's nothing. We've gotten 140 years of religion and education in this country and we are the dumbest people on the planet. So obviously something is wrong!

### **THE SUBJECT OF HEALING**

The Gospel According To  
Dr. Sebi

"The whole population of the planet is consistently and constantly using products that God did not design for healing. The herbs are for the healing of the nations, but we do not want to accept this because it is too simple.

There aren't any diseases that have been cured with an inorganic chemical, but it is only in the interest of pharmaceutical laboratories for people to use chemicals. Anything going into the body must become one with you, united. God created things, he placed them in a particular geography, with particular temperature, consistent with that cell group. Investigate plants from a bio-chemical level, It teaches if a thing is good to eat."

### **ORIGINAL THOUGHT FOR THE ORIGINAL PEOPLE**

The Gospel According To  
Dr. Sebi

"God didn't make everything. Man has interfered in the last 2,000

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years. Man takes two of God's animals, plants and makes a third. Man's laboratories produced industrial agriculture, animal, plant husbandry, cross pollination, hybrids and mechanical cybernation. The things God makes are Alkali, they support life. The things man makes are Acid, do not support life. The Afrikan Bio-Mineral Balance that Black people lived with, the original people with original thoughts, was not violating God. They ate what God provided for them. Anything that is acid is not made by the Creator. Disease can be combated, reversed and cured."

### **KEEP MOVING FORWARD**

The Gospel According To  
Martin Luther King Jr.

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward!"

### **PUPPETS AND CLOWNS**

The Gospel According To  
Malcolm X

"Show me in the White community, where a comedian is a white leader? Show me in the White community where a singer is a White leader or a dancer or a trumpet player is a White leader? These are leaders, these are puppets and clowns, that have been set up over the Black community by the White man and made into celebrities!"

### **ORGANIZE**

The Gospel According To  
Marcus Garvey

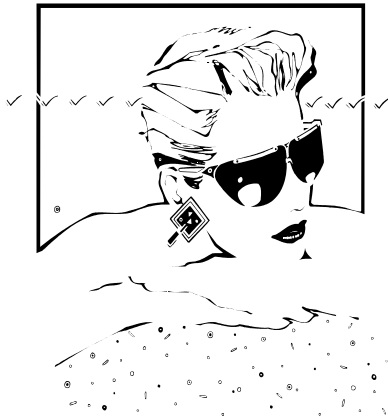
"The thing to do is to get organized; keep separated and you will be exploited, you will be

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robbed, you will be killed. Get organized and you will compel the world to respect you.”

### ASSIMULATIONIST

### DIRECTIONS



Divine1on1

### (IN BLACK & WHITE)

GET PLASTIC SURGERY

CROSSING EVERY “t” AND DOTTING EVERY “i”

FORGET YOU ARE BLACK

IF YOU CAN’T BEAT ‘EM, JOIN ‘EM

JOIN THE NAACP

ATTEMPT TO AVOID RACIST, SERIAL KILLERS, SPREE KILLERS, PEDOPHILES, KIDNAPPERS, RAPIST, SADOICIST, MASOCHIST AND LEGAL & ILLEGAL DRUG ABUSERS

LOVE EVERYBODY

THINK HOLY MEN AND DOCTORS GOT ALL THE ANSWERS

MARRY OUTSIDE YOUR RACE

THINK RACISM DOESN’T EXIST ANYMORE

JOIN THE RAINBOW COALITION

PRETEND YOU DON’T UNDERSTAND BLACK UPRISINGS

VOTE FOR THE LESSER OF “2” EVILS

JOIN THE URBAN LEAGUE

ALWAYS QUOTING AND MAKING REFERENCES TO WHITE PEOPLE

GIVE UP YOU GUNS

THINK MULTI-CULTURAL OR BI-RACIAL IS SOME GROUP YOU CAN BELONG TOO

DYE YOUR HAIR BLOND

LOOKING FOR SOME IMMIGRANT YOU CAN CLAIM ON SOME ANCESTRY NETWORK

DEDICATING YOURSELF TO A “PARTY” AND NOT YOUR PEOPLE

YOU SWALLOW YOUR SPIT WHEN SOMEBODY SAYS ANYTHING ABOUT RACE

BEING ABOUT NOTHING BUT YOURSELF

MOVE TO THE SUBURBS

THINKING PAPER AND MONEY WILL ANSWER ALL YOUR PROBLEMS

ONLY GO TO COLLEGE SO YOU CAN GET A GOOD JOB ON A PLANTATION

WORRYING TOO MUCH ABOUT WHAT WHITE PEOPLE MIGHT THINK

LEARN TO SLEEP WITH YOU BUTT IN THE AIR

THINKING THAT PRAYER IS GOING TO SOLVE ALL YOUR PROBLEMS.

LEARN TO ADAPT OTHERS FOODS, RELIGIONS AND SEXUAL ACTS

THINK GAY IS REALLY A LIFE STYLE

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PRETEND THAT WHITE PEOPLE SEE YOU AS ONE OF THEM

PLACE A REBEL OR AMERICAN FLAG ON YOUR CAR OR HOUSE

GIVE THANKS FOR THE DEATH OF INDIANS

LEARN TO STAY IN YOUR PLACE

LET WHITE PEOPLE PICK AND CHOOSE YOUR LEADERS FOR YOU

FINDING SPIRIT EVERYWHERE BUT IN YOU

THINKING THAT SEXING SOMEBODY WHITE IS A STATUS SYMBOL

YOU LEARN REAL QUICK WHO TO CRITICIE AND WHO NOT TO CRITICIZE



## CRACK HEAD NEWS

### SWALLOW YA SPIT SHAWTY! Edition!

Parental Advisory

May contain Explicit Content not meant for Negro Kids

Due to intense subject matter, reader discretion is advised- may

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## not be suitable for Negroes and any other immature adults

In a European politically correct environment, it's not polite to blatantly call Black people ni99ers, but its fine to treat them like ni99ers. Some Black people just don't get it!

**Black GrapeVine news-** There are Blacks that represent racist individuals and corporations, the same as there were Blacks that represented slaveholders & traders.

Asthma, a chronic illness, was particularly hard for sufferers during the winter months. Today, many sufferers say that there suffering is getting far worst in summer months. During summer months, many claim that the air seems to be poisoned.

The number of Black women in state and federal prisons is at an all-time high and is growing. What you gonna do about it? Our daughters' are doin' hard time.

Never enter into a treaty or a contract with a predator, snake, wolf, rat, vampire or devil unless you are a fool. The only way you might not be considered a fool is if you have the means to behead the sucker!

**Hillary Clinton** running for President should be an interesting dilemma for Black women. Do they vote for her because she is a woman, because she is a Democrat or because of her political record? Do they even vote for her at all. Black women make an interesting political block, perhaps no one can predict what they are going to do.

**Wigga news-** If you think that music is gonna save the world, you might be on dope. Music might soothe the savage Beast for a moment, but he or she is going to have to prey and eat sooner or later. That's his or her nature. Right, right!

In March, 3 Black people were killed per day by police in America.

Black people frustrate themselves thinking that White people are going to act like something other than themselves. They do what they do. That's their nature. We are the ones that are out of our nature, out of our Afrikan mind.

European dominated countries have started mobilizing police and soldiers to protect sensitive areas and "certain" corporate holdings.

Over 98% of Black men that are with somebody are with Black women. The ones that ain't, ain't with nobody.

Is it really a Black vote, when there is nobody to vote for except White people? Vote or die, you been played homey!

White supremacy is a virus that has been placed in your head. What you gonna do about it? Make sure your family has virus protection Yo.

Australia has passed new laws that allow police to arrest protestors and demonstrators that they think are violent trouble makers and agitators. These new laws allow police the broad powers to move against protestors who are blocking access to buildings or obstructing people or traffic.

Back in the day, the 60's, the 70's and the 80's, the Liberation Theologians in Latin America evoked Jesus in the name of the struggling peasant class while the rulers of the various Latin American countries slaughtered peasants in the name of protecting Christianity.

The U.S. military will be doing martial law test runs this summer.

**Moor Wigga news-** White females are the majority population in the United States, but the government

# The Nubian Times

considers them "minorities" and they have access to government funding, government hand-outs and special treatment.

More and more Black people are realizing that White people are not talking about the same God. In other words, God according to White people ain't got no rhythm. A Black God should allow Black people to tap into their power and become empowered, even when we ain't got no cash. White people's God wants us to stay on the bottom looking up!

In India, the slaves enjoy slavery because they think they are serving God. Does this sound familiar?

**Moor Black GrapeVine News-** Special education means that this system is going to spend more money on stabilizing and locking you down than they are going to spend on educating you.

The Black problem is that we have so many ordinary Negroes that feel they are more than slaves, when in reality they are less than slaves.



Black youth are learning from Europeans that the best way to survive and to have your way is to rob & kill. Let's stop bull shitting each other. For the past 100+ years White people been doin' a whole lotta robbing & killin' to get what they got. That's lessons learned Shawty and you the one most likely to be plucked pretender. What you gonna do about it punk?

The U.S. government backs genetically modified fruits and the corporations that produce them.

Caucasian women's breast milk has the least amount of milk in them, because of their lack of melanin.

Nobody has ever taken the time to teach Afrikan people that they are chemically & neurologically different than anyone else. They can raise and honor differences about everything on this planet (plants, animals) except humans. Why is that?

Black GrapeVine News- in the United States, some of the corporations pay their slaves well, but those slaves had better not stray too far from that plantation or they will experience pain.

Bizarre Afrikans in Latin & South America are now in the practice of buying colored lights, plastic Snow Men, importing Christmas trees and putting White manger scenes in front of their houses, just as Afrikans in captivity in America do. We wonder who's teaching them that dumb shit?

**DR. WILLIAM MACKKEY  
LIVES, BEN E. KING  
LIVES, GABRIEL  
PROSSER LIVES, PERCY  
SLEDGE LIVES, BEN  
POWERS LIVES,  
PHYLLIS HYMAN  
LIVES, LOUISE DANIEL  
HUTCHINSON LIVES,  
DR. TONY MARTIN  
LIVES, MEDGAR EVERS  
LIVES, DR. CHARLES  
DREW LIVES, B. B. KING  
LIVES, BOOKER T.  
WASHINGTON LIVES,  
NAT TURNER LIVES and  
HARRIET TUBMAN  
LIVES!**

Don't be too surprised if you see the negro protecting and serving the police. They have been taught to look at the world backwards.

They do for the po-po, what the po-po is not doing for them. The police are summoned to protect property, before they protect and serve and Negroes.



**Give me a break Shawty!**

Black scientists have found that no Black people have the power to turn water into wine. Most all of us have to find our way to the liquor store.

Afrikans on the continent must realize that just because the European says good bye, don't mean that he ain't coming back. Organize and protect yourself at all times.

More and more Black women are losing their power in the home so that they can be recognized as a professional, career oriented female.

Civil rights without power is no civil rights. What you gonna do about it Shawty?

Black civil rights leaders and most of the Black political establishment have no firm political agenda whatsoever.

In the mad rush for more dough, drug companies are simply creating isomers or chemical cousins of profitable drugs, so that they can create a new market, often with negligible or little true health benefits.

If White people say that the most important issue in America is

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"family values", does somebody have to hit Niggahs in the head with a baseball bat for them to know that White people are talking about White families exclusively?

People don't take dope because they are evil. They take dope because they believe that it will ease their suffering.

## BEWARE THE NEGRO

(The AUTHENTIC Negro)

Submitted by MACK THE KNIFE

My slant on the Negro is that the Authentic Negroes are people that feel White people, with all their games and toys, are superior to Black people. The Authentic Negro has developed themselves a comfort zone in White Supremacy. Negroes feel that they are the exception to the "One Drop of Black Blood" rule and they feel successful when they can get white people to clap, like them, and give them some money for abandoning Black people and Black institutions. Negroes take integration serious and pray they benefit from it, to the detriment of everything African and the benefit of everything European.

Negroes are the paid servants of white people. These colored folks like seeing themselves as mere spectators as the march of humanity goes by. They have no sense of seeing themselves as part of the historical world. They claim they are everything but an African. Their primary task is to put-down any plans Black people as Afrikans have of liberating themselves from white boys and girls. They are very "slick" with their tasks, so as not to be obvious and to fit in with any affairs African people might have. Negroes boycott Black business and set-up fake organizations to

keep the masses of Black people UN-balanced.

Authentic Negroes are the jokesters that White people (Europeans) assign to be the leadership of African people. Today, TV, film and radio are major tools where Negroes are employed and used to do their dirty rat deeds. Most of what they do is cosmetic. They talk off the top of their heads and try to speak impressively, not saying much of anything. If you really listen with deep thought, you'll find that the Negro is talking backwards.

The Negro is more dangerous to Afrikans, because we have a traitor in our ranks. In most cases, this traitor longs to be white, live with Whites and sees White people as beautiful and righteous. The betrayer sees all Black people as ugly and dumb. Like their white brethren, they have a need for greed, class and human exploitation.

The Negroes counterpart is the Negress. She is more deadly than the Negro. She has been known to prey more on our Afrikan senses and has infiltrated our learning systems. Her major mission is to keep our warriors effeminate.

To the Negro education only means "job training" and continued human bondage to white people. You can always tell the **authentic** and **genuine** Negro by the way he let's white people have power over him or her in all situations, from cradle to grave. If no whites are around, they still protect them or pursue them. They long for their directions. What they do lessens our humanity.

We all must learn to identify the Negro. Time is of the essence. The Negro has infiltrated our homes, our families, our churches and our minds. We must purge ourselves of all Negro behavior or our efforts at liberation will continued to be

hindered. Let **NEGRO** go! That was never an Afrikan way of life!

## BLACK FACTS



### All knowledge is rooted in reality

**Black** consciousness is Afrikan consciousness of the female principle in an expanded form.

If Afrikans cut off their cobalt from the world, nobody could make another plane.

Europeans intentionally made slaves out of Afrikans.

The overwhelming majority of Black women do not want White men not matter what you see on television.

Equatorial Guinea is Africa's only Spanish speaking country.

The overwhelming majority of Black men do not want White women no matter what you see on television.

Afrikans and indigenous people see the world as everything in existence having the potential of perfectibility.

Black women cannot bring life into the world by themselves. Black men cannot bring life into the world by themselves.

When Columbus discovered America, there were between 80 and 200 million Black people already there to welcome his discovery.

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Nigeria has the richest Black people in Africa.

Afrikans are interested in the truth, while Europeans are not.

Black people come together as male and female to have children and to continue their essence. That is a primary part of their culture.

Black communities provide an economic base for entry level entrepreneurship for people of every nationality and it is not reciprocal. Just you try to start a business in a Korean, Chinese, Arab or White neighborhood and see how fast you get run out of town!

Zimbabwe's President, Robert Gabriel Mugabe is the world's most educated President with 7 degrees, two of them are Masters.

At the nearest point, Europe is only 20 miles from Afrika.

European history is not world history.

The Dogon say that this is not the first universe and it won't be the last.

Indigenous people in Canada are around 4.4% of the population, according to Statistics Canada's 2001 census. Their lives are controlled by the Indian Act, which tries to get them to give up their color, their land, their culture and their languages. This process has been going on for over 500 years.

Afrikans always knew that Caucasians were more animal than anything else.

The nation-state is un-Afrikan. It is fashioned after the territory of the feudal lords of Europe. They put one culture against another to destroy each other.

Johannesburg, South Africa is the most visited city in Africa.



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Black people were the first to try cloning. They did not have too much success. All of the clones were born mutant albinos and later exiled to the caves of Eurasia. That was over ten thousand years ago and most Black people are still paying for those mistakes. The donors or parents of those clones have been misnomered Adam & Eve in recent times. Black people created the planets first psychotic, xenophobic albinos. Groups of these clones developed. They were kind of like a hu-man and so consequently, they were named man-kind.

Ethiopia's economy is growing faster than China's.

All of our grandparents, no matter whose and how far they go back in time, make us up. And we have active contact with them in our memory banks.

40% of the world's population is Afrikan.

One & a half billion Afrikans live on the Motherland.

200 to 300 million Afrikans live in Southern India, called Tamils or Dravidians.- They are the largest group of Afrikans living outside the continent.

The second largest group of Afrikans living outside the continent are in Brazil- approx. 125 million.

The 3<sup>rd</sup> largest group of Afrikans living outside the Motherland reside in the United States. Estimated at between 35 & 50 million.

500 million or 1/2 billion Afrikans live outside the Motherland.

All African people come from the womb. None ever came from a rib.

Lions hang out on the plains, not in the jungle.

European culture demeans Afrikan women. Black women have to be dirty so that European woman can be placed on a pedestal above them.

Ethiopia is Africa's oldest independent country, it has existed for over 3,000 years without being colonized.

Light is born from darkness. Darkness is the primordial reality.

Angola has more Portuguese speakers than Portugal.

There are still words in Afrikan languages for which there is no equivalent word in English.

The Gambia is the smallest country in Africa followed by Swaziland.



# MIXED

# SH\*T

## (NO SELL OUT)

### urbanflavorz

Excerpts from the YMAN

DC AREA

**M**an what the f\*ck is up with all of this mixed shit. I ain't no prejudice mutherfucker, but got damn!!! Can I go to a club or a mall and see some 100% black sistas without running into fucking Barbie and Ken or f\*cking broke

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Mariah Careys' every f\*cking minute? What the f\*ck? All the long hair and nearly flawless skin look is cool, but a brotha like me need a sista like Martin Luther King wife. I need a strong sista, not no broad that is going to start crying and call the police every time you don't agree with her azz. Give me around the way Tracie, Stacie or Monica with the phat natural bootie and not the pretentious running to the spa to get a lump bourgie azz broad that is use to getting promotions, freebies and shit handed to her on a silver platter because she has European features. Nah fuck that, give me a real sista with a "Your Job Is Your Credit" old eastern motors Acura Integra with electrical shortages in the radio, wipers and speedometer driving azz. We can make it happen baby just me and you.

Lets struggle together in this journey. Ain't nothing like ghetto love sugar. I'll f\*ck around and put a big smeared azz passion mark on your forehead and send you to work looking silly and embarrassed.

That's right, I said that shit! The passion runs deep for my real sistas. Fake bourgie chicks missing out on that good shit, ya know! F\*ck that! Yman don't mess with the skeezers and the Yman don't mess with the gilly broads, but let it be known right here and now, I love my real sistas. All these punk azz bamas can keep chasing these Euro-Asian skeezers all they want, but the Yman will never sell out!

## WHAT EVERY BLACK WOMAN SHOULD HAVE!

Reprint submitted by ZaireX

One old love she can imagine going back to... and one who reminds her how far she has

come...

...enough money within her control to move out and rent a place of her own even if she ever wants to or needs to...

...something perfect to wear if the employer or date of her dreams wants to see her in an hour...

...a youth she's content to leave behind...

...a past juicy enough that she's looking forward to retelling it in her old age...

...a set of screwdrivers, a cordless drill, and a black lace bra...

...one friend who always makes her laugh... and one who lets her cry...

...a good piece of furniture not previously owned by anyone else in her family...

...eight matching plates, wine glasses with stems, and a recipe for a meal that will make her guests feel honored.

...a feeling of control over her destiny...

### **EVERY WOMAN SHOULD KNOW...**

...how to fall in love without losing herself.....how to quit a job, break up with a lover, and confront a friend without ruining the friendship...

...when to try harder... and when to walk away...

...that she can't change the length of her calves, the width of her hips, or the nature of her parents...

...what she would and wouldn't do for love..

...how to live alone... even if she doesn't like it...

...whom she can trust, whom she can't, and why she shouldn't take it personally...

..where to go... be it to her mother's or best friend's kitchen table... or a charming inn in the woods... when her soul needs soothing...

...what she can and can't accomplish in a day... a

month...and a year...

## **WHAT EVERY BLACK MAN SHOULD HAVE!**

Reprint submitted by Zaire X

**O**ne old love he can imagine going back to... and one who reminds him how far he has come...

...enough money within his control to move out and rent a place of his own even if he never wants to or needs to...

...something clean & pressed to wear if the employer or women of his dreams wants to see him in an hour...

...a youth he's content to leave behind...

...a past juicy enough that he's looking forward to retelling it in his old age...

...a set of screwdrivers, a cordless drill, pots, pans, a box of rubbers and a nice cotton bath robe to watch sports or whatever in...

...one friend who always makes him laugh... and one who lets him be real...

...a good piece of furniture not previously owned by anyone else in his family...

...a pack of paper plates, great-big plastic cups , a big wide-screen TV and enough dip, pretzels, potato chips and pizza for a meal that will make his guests feel honored.

...a feeling of control over his destiny...

### **EVERY MAN SHOULD KNOW...**

...how to fall in love without losing himself.....how to quit a job, break up with a bitch, and confront a friend without ruining the friendship or getting into a fight...

...when to try harder... and when to walk away...

...that he can change the size of his waist, his stomach and the length of his hair but not the nature of his parents...

...what he would and wouldn't do for love..

## **The Nubian Times**

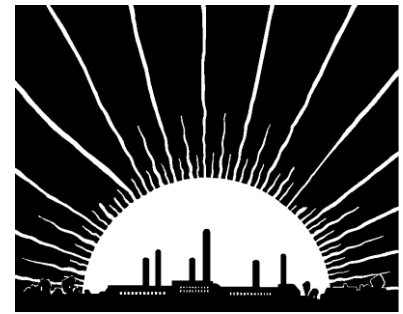
...how to live alone... even if he doesn't like it...

...whom he can trust, whom he can't, and why he shouldn't take it personally...

..where to go... be it to his parent's kitchen table... a jazz bar or a long drive just to chill out...when his soul needs soothing...

...what he can and can't accomplish in a day... a month...and a year...

## **EUROPEAN FACTS**



**(SUBURBAN MYTHS?)**

### **Believe it or not!**

**White people love to riot, vandalize, loot and perform acts of violence when they are happy, especially when winning sports competitions.**

**Europeans always lived in an environment where they had to kill to live.**

**White women have a shortage of human milk.**

**White people use war and military build up to acquire peace, but don't want other groups to acquire the acquisition of peace the same way.**

**Europeans have the habit of stealing other people from other continents and other cultures.**

**Top over the counter and Internet drugs and medications used by Caucasians for **Pain Relief:** Imitrex, Fioricet, Celebrex, Ultram, Tramadol,**

Hydrocodone.asp, Vioxx and Vicodin.asp. All have side effects and many may have been seen advertised on TV, with no guarantee.

The British conducted their biological warfare experiments in the Caribbean.

White people falsified their own consciousness long before they falsified any Black people's consciousness.

Killing women win wars for Europeans. That's why they drop bomb on factories. Men are soldiers, fighting other men, while women work in factories. Europeans bomb factories to kill women, stopping production for the rest of any society they want to control.

Europeans are constantly changing their religious beliefs for the purpose of domination of other groups.

White scientist came up with the idea s of Levitra and Viagra because so many White men had erectile dysfunction.

The Masses of colorless people don't seem to have much of a problem with their children being sodomized.

Euro-America's greatest asset today is the unquestionable loyalty and labor of near-50 million Blacks now firmly under their sovereign authority.

Weapons created by Caucasian cultures (missiles, bullets, cannons, and guns) always resemble male sex organs.

White men aggressing against aboriginal people in the Americas invented scalping.

Europeans are a group of people that can tell you lies in a sentence.

Europeans are the only people that believe that they can fight nature.

In Caucasian dominated societies, the upper class commits far more crime than the lower class. For example, in the United States, street criminals stole \$15.3 billion in 1993, but white collar-criminals embezzled \$200 billion.

Infected rats, flies and other vermin escape from Caucasians laboratories all the time.

A person that drinks alcohol daily will be considered a well adopted individual in Caucasian dominated societies, where alcohol consumption is not only allowed, but also expected.

The United States has more doctors and more drugs than any country in the world, but none of them offer healing and curing of their people.

The United Nations now lists Mexico as the number one center for the supply of young children to North America. Most are sold to rich, childless couples unwilling to wait for bona fide adoption agencies to provide them with a child. The majority of these young children are sent to international pedophile organizations.

## WHAT ARE WE WORTH? (DA BOOTY)

The staff of the Nubian Network with help from **Uncle Jessie** AND PEEPS WRITE-INS!



Black people are blind to their own wealth. Companies that know Black people's wealth:

TOYS R US

## The Nubian Times

- SONY
- KOOLS
- SAFEWAY
- GERBERS
- DISNEY
- WALGREENS
- TEAC
- MCDONALDS
- AOL
- POPEYES
- X BOX
- NIKE
- HERSHEYS
- PAPA JOHNS
- WENDYS
- UNITED ARTIST
- AMAZON
- PANASONIC
- KELLOGGS
- FOOT LOCKER
- CHICK FIL A
- SEGA
- HOME DEPOT
- AMOCO
- REEBOK
- HONDA
- DIRECT TV
- WARNER BROTHERS
- BORDERS
- BETTY CROCKER
- GAP
- PIZZA HUT
- NEWPORTS
- RADIO SHACK
- RED LOBSTER
- PLAY STATION
- DAIRY QUEEN

# 12

- BURGER KING
- DUNKIN DONUTS
- LEXUS
- SUZUKI
- SUBWAY
- CVS
- BETV
- HYUNDAI
- ACURA
- WAFFLE HOUSE
- TACO BELL
- KIA
- CHILIS
- BP
- ADDIDAS
- SONIC
- DISH NETWORK
- GUCCI
- WAL-MART
- VICTORIA SECRET
- FEDERAL EXPRESS
- CHURCHES CHICKEN
- REBOK
- THE DOLLAR STORE
- RITE AID
- DOMINOS
- NISSAN
- K-MART
- NEWPORTS
- GENERAL MILLS
- LIL
- KFC
- APPLEBEES

Some are not companies, but we think you have a feel for what is going down. Your actions and your money are financing somebody's future besides your own.



## Prison Vs. Work!

### ANONYMOUS

**IN PRISON**..... You spend the majority of your time in an 8x10 cell.  
**AT WORK**..... You spend most of your time in a 6x8 cubicle.  
**IN PRISON**..... You get three meals a day.  
**AT WORK**..... You get a break for 1 meal and you have to pay for it.  
**IN PRISON**..... You get time off for good behavior.  
**AT WORK**..... You get rewarded for good behavior with more work.  
**IN PRISON**..... A guard locks and unlocks all the doors for you.  
**AT WORK**..... You must carry around a security card and unlock and open all the doors yourself.  
**IN PRISON**..... You can watch TV and play games.  
**AT WORK**..... You get fired for watching TV and playing games.  
**IN PRISON**..... You get your own toilet.  
**AT WORK**..... You have to share.

## The Nubian Times

**IN PRISON**.....They allow your family and friends to visit.  
**AT WORK**.....You cannot even speak to your family and friends.  
**IN PRISON**.....All expenses are paid by taxpayers with no work required.  
**AT WORK**.....You get to pay all the expenses to go to work and then they deduct taxes from you salary to pay for prisoners.  
**IN PRISON**.....You spend most of your life looking through bars from inside wanting to get out.  
**AT WORK**.....You spend most of your time wanting to get out and go inside bars.  
**IN PRISON**.....There are wardens who are often sadistic.  
**AT WORK**.....They are called supervisors.  
**IN PRISON**.....You have unlimited time to read e-mail jokes.  
**AT WORK**.....You get fired if you get caught.

## NOW GET BACK TO WORK!!!



**NWA FOREVER!  
NUBIAN WORLD  
ALLIANCE**

# See ya!